

FREE ARTS WORKSHOPS

Stepping Stones Arts, the new arts on referral program at Borderland Voices, is now offering a range of free arts activities for anyone who's interested in exploring creative ways to maintain their mental health and well being.

Our base in Queens Drive has two small studio spaces where you're welcome to come and try the different arts activities on offer. These include mixed-media visual arts, ceramics, textiles, printing, painting and creative writing.

Throughout the year we shall be offering a series of weekly creative workshops in various art forms, usually on Thursdays or Fridays, for 4 – 5 weeks each. These are all free. If you give us your contact details we can send a programme of activities and you can see if you want to book a place.

CREATIVE SPACES

Creative Writing

Every Tuesday

10.30 - 12.30

MORNING

Regular creative writing workshops where you'll have the opportunity to explore words and ideas, and express your thoughts and feelings, in a small group together with other local amateur and professional writers interested in words and expression.

Visual Arts

Every Tuesday

1.30 – 3.30

AFTERNOON

Regular visual arts workshops where you can explore colour, texture and form, and discover new techniques using a wide range of materials. These sessions provide a creative space where you'll be able to do your own artwork or join in with a group activity run by a local artist.



OPEN DOORS

Please feel free to come in for an informal chat with Viv or Sheena about what type of arts you're interested in, then we can find which of the arts workshops on offer may best suit your needs. You can join in with any of the activities going on, just observe, or do your own artwork. Remember EVERY TUESDAY plus THURSDAYS or FRIDAYS we have arts activities you can participate in for FREE! If you want to know more call us on:

Viv Young: 07957 604599
Sheena Barnes: 01538 266442
Office: 01538 384142



Stepping Stones Arts

Arts on Referral at
BORDERLAND VOICES

55 Queens Drive
Leek, ST13 6QF

01538 384142

enquiries@steppingstonesarts.org.uk
www.borderlandvoices.org.uk

Would you like to find new ways to express yourself through the ARTS ?

Have you ever thought about doing something creative but find it difficult to get started?

Maybe you'd like to try drawing, painting, sculpture, creative writing, or explore a range of other art forms like dance, photography, drama or singing.

Stepping Stones Arts

The new arts on referral programme at BORDERLAND VOICES offers arts activities all year round. Participation in the creative arts really can make a difference to how you see the world and feel about yourself.

Come and take that first step with us and rediscover your creativity. We really believe creative arts has the potential to heal and make life easier and more fulfilling - see how you feel.



Painting is a blind man's profession. He paints, not what he sees, but what he feels, what he tells himself about what he has seen.

Picasso

Try something new and enjoy being YOU

Once you've explored some of the Stepping Stones Arts activities on offer at BORDERLAND VOICES you may wish to move on and join other local arts groups. You're welcome to continue using the arts facilities here as long as you wish.

Stepping Stones Arts provides a safe undemanding creative space to build your confidence, meet other people and explore your creative potential.

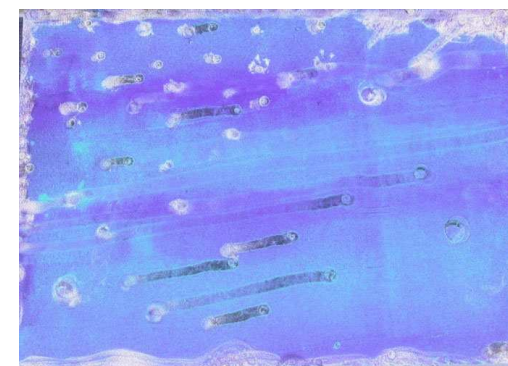
We're all artists at heart.

Take a look at our website to learn more about what we do:

www.borderlandvoices.org.uk

Come in and pick up a leaflet and a monthly newsletter listing all the arts workshops on offer.

Stepping Stones Arts is funded by:



PAINTING
DANCE
SINGING
CERAMICS
STORY TELLING
DRAWING
MUSIC
CREATIVE WRITING
DRAMA PHOTOGRAPHY
TEXTILES
VISUAL ARTS

Borderland Voices

introduces

Stepping Stones Arts

Promoting mental health through the Arts